



我的行動呼籲

即使當我們面臨新的重大挑戰，扶輪還是妥善照顧社員及服務對象，努力締造恆久的和平，並將歸屬感及包容融入我們所做的每件事。這就是我要求扶輪的每個人「為世界創造希望」的原因。

今年，我們把支持心理健康的計畫列為優先。這項行動與我有切身的關係。我知道看著某人默默受苦的感覺。我也見證過人與人連結的力量，討論情緒與心理健康的價值，以及預防性照顧及治療的救命成效。

研究顯示，仁慈的行為是我們每個人都可以用來保護自我健康的有效方法。建立內在和平，我們就更有能力把和平帶給世界。

建立和平是扶輪的精髓。我們有許多服務計畫增進了「正向和平」的生成條件。我們孜孜不倦去克服障礙，建立新的連結。今年，我們將促進社員之間的線上國際交流，以強化這些重要的關係。

和平不是夢想，和平不是被動的。它是憑藉努力付出、贏得信任、進行可能十分困難的開放對話所達到的成果。和平必須持恆、勇敢地推動。我們在各個焦點領域所做的一切都有潛力可以提升促進和平的希望。

連結及使命感應該可以激勵每位扶輪成員。當扶輪社領袖重視提供優質的扶輪社體驗，我們

便能留住更多社員，吸引更多潛在社員。我們必須竭盡所能讓我們的扶輪社接納包容，吸引他人。

我們的目標是建立歸屬感，從我們的扶輪社例會到我們的服務活動皆然。我們必須持續建立包容、接納的環境，讓每個人在其中都可以成為他真正的自我。所有採取行動的人都必須能夠在扶輪當中想像一個容身之處——確保他們能夠做到這點，就端看你和我。

未來這一年，我會把重點放在延續我們的多元、平等及包容路線——確保扶輪能真實反映我們服務的社區，並持續採取重要的行動，充分運用人類的各種才能及經驗，以提升對全人類的服務。我們將持續賦予女性及女孩力量，協助她們發揮內在的潛能。

當我們一起展開這趟旅程之際，我從蘇格蘭的國民詩人羅伯特·柏恩斯 (Robert Burns) 獲得啟發。他在 18 世紀時談到全世界成為一家人，推廣「理性及價值，遍及全球」。長久以來，這句話一直是驅動我的力量，現在與各位分享。

讓我們建立內心的和平，將它自由散播。讓我們建立歸屬感，重新想像扶輪的未來。讓我們一起歡喜合作，為世界創造希望。

葛登·麥金納利 R. GORDON R. MCINALLY
國際扶輪社長



My call to action

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to *Create Hope in the World*.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain

more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and *Create Hope in the World*.

R. GORDON R. MCINALLY
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